

Medico-Legal Curriculum Vitae

**Dr Leigh Anthony Neal
MD FRCPsych MRCGP DRCOG**

**Consultant Psychiatrist
Honorary Senior Lecturer Kings College, London**

Contents

1.0 Personal Details3

2.0 Medical Qualifications and Medals 4

3.0 Clinical Appointments..... 4

4.0 Medico-legal Experience..... 3

5.0 Relevant Clinical Experience..... 3

6.0 Academic Appointments 6

7.0 Invited Peer Scientific Review 6

Appendix:

Academic Publications..... 7

1.0 Personal Details

Name: **Dr Leigh Anthony Neal.**

Appointments: **Consultant Psychiatrist &
Honorary Senior Lecturer**

Correspondence: **Litfield House
Clifton Down
Bristol BS8 3LS**

Telephone: **01453 839309**
Fax: **01453 700199**

e-mail: **louise.naylor@btconnect.com (PA)
leigh.neal@btconnect.com**

Website: **www.southwestchambers.co.uk**

GMC Registration: **2716958**

MPS Registration: **368704**

Date Of Birth: **4th January 1958.**

Nationality: **British.**

2.0 Medical Qualifications and Medals

1981	Bachelor of Medicine & Surgery (MB BCh).
1985	Member of the Royal College of General Practitioners (MRCGP)
1987	Diploma of the Royal College of Obstetricians & Gynaecologists (DRCOG)
1990	Membership of the Royal College of Psychiatrists (MRCPsych)
1994	Certificate of Completed Specialist Training (CCST) in General Adult Psychiatry. Consultant Appointment.
1996	Sir Andrew Humphrey Memorial Medal Annually awarded to the RAF Medical Officer performing the most meritorious act in the pursuit of saving human life.
2000	Doctor of Medicine Degree (MD).
2007	Fellow of the Royal College of Psychiatrists (FRCPsych)

3.0 Clinical Appointments

Apr 2011 -	Honorary Consultant Psychiatrist Gloucester NHS Trust		
Sep 2008 -	Consultant Psychiatrist Bristol Trauma Clinic Litfield House, Bristol	Jun 1990 - Aug 1990	Senior Registrar General Adult Psychiatry PA Hospital Wroughton
Oct 2002 - Sep 2008	Consultant Psychiatrist Bristol Priory Hospital	Apr 1989-Jun 1990	SHO Substance Mis-Use PA Hospital Wroughton
Oct 2000 - Sep 2002	Civilian Consultant Psychiatrist Duchess of Kent Tri-Service Psychiatric Hospital	May 1988 - Apr 1989	SHO General Adult Psychiatry PA Hospital Wroughton
Jul 1997 - Oct 2000	Hospital Commander Duchess of Kent Tri-Service Psychiatric Hospital North Yorkshire	May 1987 - May 1988	Senior Medical Officer RAF Odiham (Helicopters)
Nov 1995 - Jul 1997	Consultant Psychiatrist General Adult Psychiatry Duchess of Kent Mil Hospital	Dec 1986 - May 1987	Unit Medical Officer GP Principal RAF Odiham (Helicopters)
May 1994 - Nov 1995	Consultant Psychiatrist General Adult Psychiatry PA Hospital Wroughton	May 1986 - Dec 1986	SHO Obstetrics & Gynaecology RAF Hospital Wegberg BFG
Dec 1993 - May 1994	Senior Registrar General Adult Psychiatry PA Hospital Wroughton	Nov 1985 - May 1986	SHO Psychiatry RAF Hospital Wegberg BFG
Jul 1992 - Dec 1993	Senior Registrar Psychopharmacology Dept Bristol Royal Infirmary	May 1985 - Nov 1985	SHO Casualty & Orthopaedics RAF Hospital Wegberg BFG
Dec 1992 - Jul 1992	Senior Registrar Psychiatry Of Old Age Cossham Hospital, Bristol.	Mar 1983 - May 1985	General Practice Registrar RAF Rheindahlen (HQ)
Sep 1991 - Dec 1992	Senior Registrar - 4 Sessions General Adult Psychiatry PA Hospital Wroughton	Sep 1982 - Mar 1983	Unit Medical Officer RAF Wattisham (Fast Jets)

3.0 Medico-legal Experience

Since 1994 I have prepared, on average, 150 personal injury reports a year for defendants and claimants involved in personal injury actions. My personal injury work is presently split: defendant 50%; claimant 40%; joint 10%.

I have considerable experience giving evidence for defendants & claimants in the High Court and County Court, attending on average 5 times a year.

I have attended training courses in the responsibilities of an expert witness and report writing.

I was a medical expert in the reported veterans class action (Multiple Claimants v the Ministry of Defence [2000] EWHC 1134(QB)) and the reported mental capacity case (Lindsay v Wood [2006] EWHC (QB)).

In 2007, with medical colleagues, I set up SouthWest Chambers (www.southwestchambers.co.uk) to provide high quality medical expert reports, in the brain related medical sciences, to the legal profession.

4.0 Relevant Clinical Experience:

Post Traumatic Stress Disorder and Travel Anxiety:

Over the past 20 years I have been involved in the psychiatric management of the victims of war trauma, car accidents, industrial accidents and crime. I have managed many civilian victims of child abuse, rape and assaults. I have treated veterans of WW II, Far East prisoners of War, Korean War, Falklands Conflict, Gulf Conflict, Bosnia & Kosovo, Iraq and Afghanistan. I developed one of the first psychological treatment protocols for PTSD in the armed forces in 1988. I was the head of the armed forces inpatient PTSD unit between 1996 and 2002. In 2000 I was appointed as a member of the Gulf Veterans Illness Unit specialist panel of PTSD experts. In 2002 I was instructed as an advisor to the Home Office regarding PTSD claims in Asylum seekers. My MD thesis was based on the development and validation of psychometric self-report tests for PTSD. I developed and validated the Computerised CAPS-1-Revised (CC-1-R) for assessing PTSD with validation data published in the peer reviewed journal Psychological Medicine. I have researched the use of psycho-physiological measurements in PTSD and I developed biofeedback protocols for the assessment and self-directed exposure treatment in PTSD in the armed forces. I treated servicemen with PTSD as inpatients in the Priory Hospital between 2002 and 2008. In 2008 I formed the Bristol Trauma Clinic with colleagues at Litfield House Medical Centre, in Bristol, in order to treat patients (www.bristoltraumaclinic.co.uk) with PTSD and related problems. In April 2011 I began working for Gloucestershire NHS Trust providing clinics for war veterans suffering from PTSD from Afghanistan and Iraq.

Somatoform Disorders and Regional Pain Syndromes:

I developed clinical experience in the management of pain disorders, conversion disorders, somatisation disorders and regional pain syndromes as an inpatient military trauma psychiatrist, providing a psychiatric liaison services to the Military Rehabilitation Centre at Headley Court between 1994 and 2002. I also have a continuing academic interest in the relationship between psychological factors and pain with a number of recent publications including CRPS-1 (Neal, 2009) and Fibromyalgia (Neal, 2011).

Head Injuries:

I developed clinical experience in the assessment and management of co-morbid brain injury and psychiatric injury as an inpatient military trauma psychiatrist, providing psychiatric liaison services to the Military Rehabilitation Centre at Headley Court between 1994 and 2002. I am experienced at assessing organic personality disorders, organic affective disorder, post concussion syndrome and the capacity to litigate and manage personal affairs.

Alcohol and Drug Abuse/Dependency:

I have training in the management of drug and alcohol abuse/dependency. I have 15 years experience of providing inpatient drug and alcohol abuse services in the Armed Forces and in the Priory Hospital as a Consultant Psychiatrist. I am experienced in the management of co-morbid alcohol or drug problems arising as a result of trauma or physical injury.

Work Stress and Work Disability:

I worked as an occupational GP and occupational Consultant Psychiatrist in the Armed Forces for 20 years. I have subsequently provided occupational advice to the Wiltshire Police Force as well as a number of large companies working in the South West. I am very experienced at the practical rehabilitation of a variety of trades and professional occupational groups, with psychological problems, back to work.

Aviation Medicine and Fitness to Drive:

I hold the certificate in aviation medicine from the RAF. I have clinical experience of assessing pilot's fitness to fly in fast jets, commercial aircraft and helicopters. I continue to treat and rehabilitate pilots working in the civilian sector at the Bristol Trauma Clinic. I have experience of assessing fitness to drive in commercial vehicles for the PSV and HGV.

General Medical Experience

I have had additional clinical training in orthopaedics, gynaecology and obstetrics as a senior house officer. I was a qualified General Practitioner in the RAF and the NHS for 6 years prior to commencing psychiatric training. I have general clinical experience of assessing and managing medical and surgical problems.

5.0 Academic Appointments:

2003 – Honorary Senior Lecturer to Kings Centre for Military Mental Health Research, Kings College London.

1997 – 2003 Honorary Senior Clinical Lecturer to Leeds University.

6.0 Invited Peer Scientific Review

British Journal of Psychiatry, International Journal of Forensic Science, International Journal of Geriatric Psychiatry, Journal of Addiction, Social Psychiatry and Psychiatric Epidemiology, Primary Care and Community Psychiatry and Journal of the Royal Army Medical Corps.

Appendix

Academic Publications

Neal LA (2011) Military Law in *Forensic Psychiatry; Clinical, Legal and Ethical Issues* (Eds Gunn J & Taylor PJ). Butterworth-Heinemann Ltd. (in press).

Neal LA (2011) *The Psychiatrist*. Fibromyalgia: psychiatrists should now be picking up the baton. 35: 190-191.

Neal LA (2009) Complex Regional Pain Syndrome: The role of the psychiatrist as an expert witness. *Medicine Science and the Law* **49** (4). 241-246.

Neal LA (2007) Pain Disorders: Diagnosis and Causation. *Personal Injury Law Journal*. 55. 3-5.

*Turner MA, Finch P, Kiernan MD, McKeachie AG, and Neal LA (2007) Psychosis in the British Army: A 2-year follow-up study. *Military Medicine*. 171.12:000.

Turner MA Neal LA (2006) Complex Regional Pain Syndrome - Type I (CRPS-1) and Mental Illness. *Psychiatric Times*. Vol XXIII. No 14. December.

*Turner MA, Kiernan MD, McKeachie AG, Finch PJC, McManus FB, Neal LA (2005) Acute Military Psychiatric Casualties from the War in Iraq. *British Journal Psychiatry*. **184**. 476-479.

*Neal LA, Green G, Turner M (2004) Post Traumatic Stress and Disability. *British Journal Psychiatry* 184. 247-250.

*Turner M & Neal LA (2004) British Military Forensic Psychiatry. *Medicine Science and the Law*. 44 (2), 107-15.

Neal LA, Watson D, Hill D. et al (2004) Route Cause Analysis for the Investigation of Serious Untoward Incidents in Mental Health Services. *Psychiatric Bulletin*. **28**. 75-77.

Turner M & Neal LA (2003) Editorial: Military Forensic Psychiatry. *British Journal of Psychiatry*. **183**. 10-11.

Neal LA (2003) Letter. PTSD in War Veterans. *British J Psychiatry*. **183**. 75.

*Turner MA, Taylor P, Neal LA. (2003) Physical & Psychiatric Predictors of Late Whiplash Syndrome. *Injury*. **34**(6) 434-437.

*Neal LA, Kiernan M, Hill D, McManus F, Turner M (2003). The management of mental illness by the British Army: *British Journal of Psychiatry*. **182**. 337-341.

*Gabriel R & Neal LA (2002) Lesson of the week. Post traumatic stress disorder following military combat or peace-keeping. *British Medical Journal*. **324**. 340-341.

*Neal LA (2001) Medical help seeking by motor vehicle accident claimants. *Medicine Science & the Law*. **41**. (1) 26-30.

Neal LA (2001) *Mental Health Care Provision for British Serving Personnel*. pp115-124 in Proceedings of the Department of Social Security War pensions Agency Conference. Royal College of Physicians. London. March 9-10, 2000. The Stationary Office. London.

*Neal LA (1999) *The Assessment of Post Traumatic Stress Disorder and Personality Disorder by computer*. M.D. Thesis. University of Wales College of Medicine.

*Neal LA, Hill NJ, Fox C (1999) The Forensic Value of Psychophysiological Tests of Post Traumatic Stress Disorder. In *The International Handbook of Road Traffic Accidents & Psychological Trauma: Current Understanding, Treatment and Law*. pp 291-305 (Eds Blanchard & Hickling) Elsevier Science Ltd. Oxford *.

Neal LA (1998) Invited Commentary: The treatment of World War II Veterans with posttraumatic stress disorder. *Advances in Psychiatric Treatment*. **4**, 217-218.

Neal LA (1998) Letter. Pharmacotherapy for PTSD: *Advances in Psychiatric Treatment*. **4**, 790.

*Neal LA, Shapland W, Fox C (1997) An open trial of moclobemide in the treatment of posttraumatic stress disorder. *International Clinical Psychopharmacology*. **12**, 231-237.

*Neal L.A., Fox C., Carroll N., Holden M. (1997) Development and Validation of a Computerised DSM-III-R Personality Disorders Screening Questionnaire. *Acta Psychiatrica Scandinavica*. **95**, 351-356.

*Weinstein A, Neal LA, Nutt D (1996): Cognitive processing in Post-Traumatic Stress Disorder. *Anxiety*; **2**, 130-139.

Neal LA (1996) The History of PTSD. *World Veterans Federation: Newsletter*. **6** (2) 7-8.

*Neal LA, Rose MC (1995): Factitious post traumatic stress disorder: A case report. *Journal of Medicine Science & the Law*; **10**, 352-354.

*Neal LA, Hill NC, Busuttill W.(1995): Convergent Validity of measures of post traumatic stress disorder in former prisoners of war; *International Journal of Geriatric Psychiatry*; **10**: 619-624.

*Carroll N., Neal L.A. (1995) Case Reports: Diencephalic tumours presenting as behavioural problems in the work place. *Occupational Medicine*. **47**, 52-54.

*Neal LA. (1994): Pitfalls of Making a Categorical Diagnosis of PTSD in Personal Injury Litigation. *Journal of Medicine, Science and the Law* **34**:117-122.

*Neal LA, Busuttill W, Rollins J. (1994): Convergent Validity of Measures of Post Traumatic Stress Disorder in a Mixed Military and Civilian Population. *Journal of Traumatic Stress*: **7**: 447-450.

*Neal, LA., Busuttill, W., Herepath, R. (1994): Development and Validation of the Computerised Clinician Administered Post Traumatic Stress Disorder Scale-1 Revised. *Psychological Medicine*; **24**, 701-706.

*Busuttill W., Turnbull G., Neal LA., Rawlings J. (1994): Incorporating psychological debriefing techniques in the treatment of Post-Traumatic Stress Disorder. *British Journal of Psychiatry*; **167**, 495-503.

Hughes J, Neal LA (1994) Letter: Persistent PTSD. *British Medical Journal*; **309**, 873

Neal LA. (1993) Letter: Personality Disorder and Self Report Questionnaire. *British Journal of Psychiatry*. **162**. 709.

Neal LA, Nutt D (1993): *International Monitor*; Invited editorial: Treatment of Panic Disorder; **9**, 91-94.

Lillywhite A., Neal LA. (1993) Letter: The importance of severity as a factor in PTSD. *British Journal of Psychiatry*. **163**. 837.

Submitted Manuscripts:

*Neal LA (1998) The prevalence of Post-Traumatic Stress Disorder in British troops presenting with "Gulf war syndrome" Accepted for publication by the *Lancet*. [Publication blocked by the MOD].

*** = original research**